

# A career in Health and Social Care

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Working within the Health and Social Care sectors is truly rewarding. As a practitioner you will provide high quality person centred outcomes based practice and support the holistic well-being of individuals and their families.

### Sectors to explore

You can progress to a range of job roles across the continuum of the Health and Social Care sectors. This could include positions in hospitals, residential settings, domiciliary services and community provision.

#### Health Care

Practitioners work as part of a team and undertake routine clinical and non-clinical duties. You will demonstrate skills, behaviours and values in relation to communication, health intervention, life support, health and safety and inclusion.

#### Social Care

Practitioners meet the care and support needs of individuals through encouraging active participation, promoting independence and enabling achievement of personal goals. You will be caring, compassionate and committed to the provision of high quality care.

Other qualifications to consider include:

##### At school

- **NCFE CACHE Level 2 Technical Award** in Health and Social Care (603/3294/3)
- **NCFE CACHE Level 2 Technical Award** in Child Development and Care (603/3293/1)

##### At sixth form or college

- **NCFE CACHE Level 2 Technical Certificate** in Working in Early Years and Primary School Settings (603/1653/6)
- **NCFE CACHE Technical Level 3 Certificate** in Health and Social Care (601/8434/6)
- **NCFE CACHE Level 3 Technical Extended Diploma** in Health and Social Care (601/8435/8)
- **NCFE CACHE Technical Level 3 Certificate** in Childcare and Education (601/8436/X)
- **NCFE CACHE Technical Level 3 Diploma** in Childcare and Education (Early Years Educator) (601/8437/1)
- **NCFE CACHE Technical Level 3 Diploma** in Early Years Education and Care (Early Years Educator) (601/8435/8)
- **NCFE CACHE Level 3 Applied General Award** in for Early Years, Childcare and Education (603/2987/7)
- **NCFE CACHE Level 3 Applied General Certificate** for Early Years, Childcare and Education (603/2987/7)
- **NCFE CACHE Level 3 Applied General Award** in Health and Social Care (603/2913/0)
- **NCFE CACHE Level 3 Applied General Certificate** in Health and Social Care (603/2914/2)

This is just the **beginning...**

### Routes to success

If you choose to study Health and Social Care, there are a number of routes you can take to further your career such as:

#### Further study at college or university

You could choose to broaden your knowledge of Health and Social Care by undertaking a Level 3 qualification or you may wish to progress to study more specialised areas of practice such as learning disabilities, dementia, mental health and autism. You may also decide to undertake a degree in a vocationally related discipline, such as nursing or social work.

#### Apprenticeships

As an apprentice you will be paid as you learn. You will undertake a structured training programme with extensive work experience to develop competence in an occupational role. Apprenticeship opportunities include:

##### Health Care

- Healthcare support worker
- Senior healthcare support worker

##### Social Care

- Adult care worker
- Lead adult care worker

### Where next?

We understand the amount of information out there can be daunting. To help, we have provided a list of useful websites for you to visit:

**The National Careers Service** website offers an overview of many different careers. It is a great starting point to help you take your first step towards planning your career. [www.nationalcareersservice.direct.gov.uk](http://www.nationalcareersservice.direct.gov.uk)

**All About Careers** includes really useful information about specific career opportunities. You can also take a career 'test' which will give you ideas about industries you might want to explore further based on your answers. [www.allaboutcareers.com](http://www.allaboutcareers.com)

**The National Apprenticeship Service** offers information about what apprenticeships are and how they work. It's particularly useful as a general introduction and to help you and your parents understand the opportunities and apprenticeship offers. [www.gettingofar.gov.uk](http://www.gettingofar.gov.uk)

**UCAS** is an independent charity providing information, advice, and admissions services to inspire and facilitate educational progression. [www.ucas.com](http://www.ucas.com)

For more information in relation to the sector, you can visit:

Department of Health	<a href="http://www.dh.gov.uk">www.dh.gov.uk</a>
Health Education England	<a href="http://www.hee.nhs.uk">www.hee.nhs.uk</a>
National Health Service	<a href="http://www.nhs.uk">www.nhs.uk</a>
National Institute for Health and Care Excellence	<a href="http://www.nice.org.uk">www.nice.org.uk</a>
Public Health England	<a href="http://www.gov.uk/government/organisations/public-health-england">www.gov.uk/government/organisations/public-health-england</a>
Skills for Care	<a href="http://www.skillsforcare.org.uk">www.skillsforcare.org.uk</a>
Skills for Health	<a href="http://www.skillsforhealth.org.uk">www.skillsforhealth.org.uk</a>