

PROUD TO BE... AN INDEPENDENT LEARNER



A guide to developing essential
independent learning skills for Sixth Form Study

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At South Craven our students take great PRIDE in their learning and take every opportunity to become a successful independent learner for further study and work.

This section will give you some ideas on how to start your journey to becoming an independent learner using each of our PRIDE headings:

PREPARED

To ensure you have the best start to your sixth form studies, it is important that you have good systems in place to support your organisation, concentration and efficiency. Complete this self-evaluation to identify areas you need to work on before September.

RESILIENT

You have already shown great resilience in the situation you currently find yourself and whilst you will encounter more obstacles in sixth form, a South Craven Sixth Form Student uses these obstacles to learn from mistakes and to build up resilience. Watch this [short TEDx video](#) on resilience to help you reflect on how you approach new opportunities.

INDEPENDENT

Throughout your time in South Craven Sixth Form, you will be guided by your teachers on how to become a more independent learner. For now, have a go at this Cornell Note-Taking task; an important skill to master to make sure your notes are useful and ready to help you revise effectively.

DESTINATION

Whilst your next chapter at South Craven Sixth Form is about to begin, your post-18 destination is just around the corner! The possibilities are endless, but a good place to start is our [South Craven Sixth Form Careers Hub](#), where you will find lots of information on opportunities that will be available to you as soon as you arrive in September.

EXCELLENCE

South Craven Sixth Form Students are proud of their high effort and commitment to excellence. One way you can excel is to take responsibility for your own learning over the next few months by: following advice from your subject teachers in the transition material provided, look through the reading list attached for recommended books, films and websites or even have a go at an online MOOC at www.futurelearn.com.

Enjoy!

PROUD TO BE... a South Craven Sixth Form Student.

A PREPARED SOUTH CRAVEN SIXTH FORM STUDENT HAS GOOD SYSTEMS IN PLACE.

This is all about how you organise your learning and your time to best support your learning.

Take this opportunity to reflect on your home learning environment and how it currently supports your studies:



Where do you put your mobile phone / tablet when you are studying or completing study tasks?

Is it beside you while you work or do you place it somewhere out of view?

Do you put your phone in night mode so that you don't hear alerts? If not, why not?



Do you listen to music whilst studying?

Does listening to music make it easier to study or easier to pretend you are not studying?



Where do you study? Is it tidy?

Is it a place where you think you study well?

Anything about that place that might distract or interfere with good studying?

Do you prefer to study at night?
Tick the perks that you prefer.

- Silence and tranquillity, nobody around
- Fewer distractions
- More creative thought

Do you prefer to daytime study?
Tick the perks that you prefer.

- More energy for better concentration
- Can study with friends
- Body / brain attuned to the natural time of day

Many A Level students believe that their organisational skills are fixed. They believe that they will 'always be disorganised' because they have always been disorganised.

This is not the case.

Organisation can be learned, developed and enhanced.

As well as being about environment, *Systems* is also concerned with having the right resources.

For Sixth Form, this means:

- A4 notepads
- Pens and highlighters in a range of colours
- Folders and sets of dividers for each subject
- All necessary textbooks
- You can get good apps that can also aid organisation and a healthy routine, here are few for you to try before you start Sixth Form:
- www.any.do
- www.examcountdownapp.com
- www.mystudylife.com
- www.evernote.com
- www.sleepcycle.com
- www.headspace.com
- www.offtime.app
- 100 Must Read Classic Books

AN INDEPENDENT SOUTH CRAVEN SIXTH FORM STUDENT HAS EXCELLENT NOTE-TAKING SYSTEM IN PLACE:

CORNELL NOTES

Thanks to: '<https://www.template.net/editable/5571/cornell-note>'>created by Template.net

First watch [this short video](#) on how to make Cornell Notes.

Here is an example on how you can set out your Cornell Notes.

MAIN IDEAS / KEY QUESTIONS	NOTES

SUMMARY

YOUR TURN! Now go to the 'recommended reading' list for your chosen sixth form subject, pick a website, choose an article / video / extract and apply the Cornell Note method. Then give your Cornell notes to a friend / family member and get them to ask you the key questions / main ideas on the left hand side for you to answer or explain further.

ART AND TEXTILES

RECOMMENDED BOOKS

- *History of Costume* - Carl Köhler

RECOMMENDED WEBSITES

- Aesthetica Magazine (www.aestheticamagazine.com)
- Ceramic Review (www.ceramicreview.com)
- Crafts Magazine (www.craftsmagazine.org.uk)
- Creative Review (www.creativereview.co.uk)
- Fashion & Textiles Museum (www.ftmlondon.org)
- V&A (www.vam.ac.uk)
- Vogue Magazine Fashion Shows (www.vogue.com/fashion-shows)

TOP TIPS

- Firsthand experience is key - visit contemporary exhibitions as well as traditional art and look for days that galleries offer talks as they give further insights and deepen your understanding of the artwork and its context
- Follow artists, designers and makers that you like on social media - they often post progress videos and pictures of their work that can help with your technical skills
- Read online art journals to keep up to date with current art events
- Search for programmes on Netflix or YouTube about artists, designers or makers
- Study the work of a range of Textile artists alongside individual designers, past and present

BUSINESS

FOLLOW ON TWITTER

- Kamal Ahmed (@bbckamal)
- Laura Kuenssberg (@bbclaurak)
- Robert Peston (@Peston)
- Simon Jack (@BBCSimonJack)

RECOMMENDED READING

- *50 Ideas You Really Need to Know: Capitalism* - Jonathan Portes
- *Alibaba* - Duncan Clark
- *How Wall Street's Gamblers Broke Capitalism* - William D Cohan
- *If I Could Tell You Just One Thing...* - Richard Reed
- *No Logo* - Naomi Klein
- *The Economist Business Review Magazine*
- *The Inner Lives of Markets* - Raymond Fisman & Tim Sullivan
- *The Toyota Way: 14 Management Principles from the World's Greatest Manufacturer* - Jeffrey Liker
- *The Undoing Project* - Michael Lewis
- *The Upstarts* - Brad Stone
- *The Wealth of Nations* - Adam Smith
- *What Money Can't Buy* - Michael J. Sandel
- *Who Gets What and Why?* - Alvin E. Roth

RECOMMENDED VIEWING

- Enron: The Smartest Guys in the Room
- The Big Short

RECOMMENDED WEBSITES

- BBC Business (www.bbc.co.uk/news/business)
- Leeds University Business School (www.business.leeds.ac.uk/)
- S-Cool: The Revision Website (www.s-cool.co.uk)
- The Student Room (www.thestudentroom.co.uk)
- Tutor2u: The Exam Performance Specialists (www.tutor2u.net)

COMPUTING

AREAS TO RESEARCH

- Algorithms
- Artificial Intelligence
- Coding
- Computer Architecture
- Databases
- Embedded Systems
- Game Design
- Multimedia
- Networks
- Programming
- Robotics
- Websites

RECOMMENDED READING

- *Computing: A Concise History* - Paul E. Ceruzzi

RECOMMENDED WEBSITES

- Academic Earth (www.academicearth.org)
- Computer Science Unplugged (www.csunplugged.org)
- Computer Science for Fun (www.cs4fn.org)
- Future Learn (www.futurelearn.com)
- Python Tutorials (www.learnpython.org)

DESIGN TECHNOLOGY / ENGINEERING

AREAS TO RESEARCH - ENGINEERING

- Aerospace Engineering
- Automotive Engineering
- Chemical Engineering
- Civil Engineering
- Electrical and Electronic Engineering
- Industrial Engineering
- Mechanical Engineering
- Telecommunications

RECOMMENDED READING

- *A-Z of Design and Designers* - Charlotte Fiell & Peter Fiell
- *Design Handbook* - Charlotte Fiell & Peter Fiell
- *Design, Intelligence Made Visible* - Stephen Bayley & Terence Conran
- *Design for the Real World* - Victor Papanek
- *Designing the 21st Century* - TASCHEN
- *Icon Magazine*
- *Lateral Thinking: Creativity Step by Step* - Edward De Bono
- *Presentation Techniques* - Dick Powell
- *Sketching: Drawing Techniques for Designers* - Koos Issen & Roselien Steur
- *The Design of Everyday Things* - Don Norman
- *Wallpaper Magazine*

RECOMMENDED VIEWING - DESIGN

- *Abstract: The Art of Design*

RECOMMENDED WEBSITES - GENERAL

- Design Museum (www.designmuseum.org)
- Engineer Jobs (www.engineerjobs.co.uk)
- V&A: Learn (www.vam.ac.uk/info/learn)

RECOMMENDED WEBSITES - GRAPHIC DESIGN / MARKETING

- Adobe Color Wheel (www.color.adobe.com/create)
- Canva (www.canva.com)
- Dafont (www.dafont.com)
- Hootsuite (www.hootsuite.com)

ENGLISH

RECOMMENDED LISTENING - JOURNALISM

- *Serial* (www.serialpodcast.org)
- *This American Life* (www.thisamericanlife.org)

RECOMMENDED READING - ENGLISH LANGUAGE

- *English Language Description Variation and Context* - Jonathan Culpepper
- *From Old English to Standard English* - Dennis Freeborn
- *Rediscover Grammar* - Professor David Crystal
- *The Cambridge Encyclopedia of the English Language* - Professor David Crystal
- *The Little Book of Language* - Professor David Crystal

RECOMMENDED READING - ENGLISH LITERATURE

- An Introduction to Literary and Cultural Theory - Peter Barry
- Any Chaucer texts
- Any Penguin Classic 19th Century Novels
- Any pre-1900 literary text (*Wuthering Heights* is a great place to start)
- Any Shakespeare texts
- Bede's Ecclesiastical History of the English People
- *Bleak House* - Charles Dickens
- *Dr Faustus* - Christopher Marlowe
- *Iliad* - Homer
- *Jane Eyre* - Charlotte Brontë
- *Literary Critical Theory: A Reader for Literary and Cultural Studies* - Robert Dale Parker
- *Literary Theory* - Philip Rice & Patricia Waugh
- *Metamorphosis* - Ovid
- *Odyssey* - Homer
- *Paradise Lost* - John Milton
- *Plays* - Ben Jonson
- *Poetry* - Samuel Taylor Coleridge
- *Poetry* - William Wordsworth
- The Bible (Especially the Old Testament)
- *The Norton Anthology of English Literature* (Each book in the collection focuses on a different era of literature)
- *The Wasteland* - T. S. Eliot
- *Ulysses* - James Joyce

RECOMMENDED READING - JOURNALISM

- Jay Rayner's food column at *The Guardian* (www.theguardian.com/profile/jayrayner)
- *The Imposters Handbook: The Rules of Success for Those of Us Who Have No Idea How to Play the Game* - Ross McCammon
- *The Most Powerful Photos of the Week* - BuzzFeed Series

RECOMMENDED VIEWING - JOURNALISM

- Absolutely Fashion: Inside British Vogue
- Amanda Knox
- Amy
- Any series or documentaries by Louis Theroux
- How to Get a Job at Vogue with Alexa Chung
- Life in a Day
- Spotlight
- Subscribe to YouTube channels 'Nerdwriter 1', 'The New York Times', 'Vanity Fair', 'Vox,' and 'WIRED'
- The September Issue

RECOMMENDED WEBSITES

- English Literature Study (www.literature-study-online.com/resources/)
- Google Scholar (www.scholar.google.com)
- JSTOR (www.jstor.org)
- Oxford English Dictionary (www.oed.com)
- The British Library (www.bl.uk)
- The Complete Works of William Shakespeare (www.shakespeare.mit.edu/)
- The English & Media Centre (www.englishandmedia.co.uk/e-magazine)

TOP TIPS

- Join Leeds University Library to access online journal subscriptions
- Join your local library so you can use your library card number to sign in to the Oxford English Dictionary at www.OED.com and follow the OED blogs
- Research the chronology of English Literature (Include the key figures and influences)

GEOGRAPHY

RECOMMENDED READING

- *Blood River* - Tim Butcher
- *Climate Wars* - Gwynne Dyer
- *Dictionary of Human Geography* - Derek Gregory, Ron Johnston, Geraldine Pratt, Michael Watts & Sarah Whatmore
- *Dictionary of Physical Geography* - David S. G. Thomas & Andrew Goudie
- *Eruptions That Shook the World* - Clive Oppenheimer
- *Power from Wind: A History of Windmill Technology* - Richard Leslie Hills
- *Revenge of Gaia* - James Lovelock
- *Storms of my Grandchildren* - James Hansen
- *The Holocene: An Environmental History* - Neil Roberts

RECOMMENDED VIEWING

- An Inconvenient Truth
- Blackfish
- Broken Cameras
- Encounters at the End of the Earth
- Food Inc.
- Great Barrier Reef
- More Than Honey
- Planet Earth
- Slumdog Millionaire
- The Age of Stupid
- The Boy Who Harnessed the Wind
- The Impossible
- Under the Dome
- Virunga
- You Laugh But It's True

TOP TIPS

- Keep up to date with current affairs
- Watch anything featuring David Attenborough

HISTORY / LAW / POLITICS

RECOMMENDED READING - GENERAL HISTORY

- *A Very Short Introduction to...* (The Oxford University Press range: Medieval, Early Modern, Modern History etc.)
- *Medieval Britain: A Very Short Introduction* - Ralph A. Griffiths

RECOMMENDED READING - ANCIENT HISTORY

- *An Introduction to Classics: A Short Guide to the World of Ancient Greece and Rome* - G. J. Wheeler
- Classic authors such as Cicero or Socrates

RECOMMENDED READING - INTERNATIONAL RELATIONS & POLITICS

- *Clash of Civilisations* - Samuel P. Huntington
- *End of History* - Frances Fukuyama
- *Fractured Continent* - William Drozdiak
- *Prisoners of Geography* - Tim Marshall
- *Who Rules the World?* - Noam Chomsky

RECOMMENDED READING - LAW

- *An Introduction to Law* - Phil Harris
- *Learning the Law* - Glanville Williams
- *The Rule of Law* - Tom Bingham

RECOMMENDED READING - POLITICAL COMMENTARY

- *Betting the House: The Inside Story of 2017 General Election* - Tim Ross Fire
- *Double Down Game Change 2012* - John Heilemann & Mark Halperin
- *Fire and Fury: Inside the Trump White House* - Michael Wolff
- *How Britain Really Works: Understanding the Ideas and Institutions of a Nation* - Stig Abell
- *Politics Between the Extremes* - Nick Clegg
- *Poverty Safari: Understanding the Anger of Britain's Underclass* - Darren McGarvey
- *The Establishment and How They Get Away With It* - Owen Jones
- *The Road to Somewhere: The New Tribes Shaping British Politics* - David Goodhart
- *Why We Get the Wrong Politicians* - Isabel Hardman

RECOMMENDED READING - POLITICAL PHILOSOPHY

- Aristotle
- Hobbes
- JS Mill
- Karl Marx
- Locke
- Machiavelli
- Plato
- Rawls
- *Theory and Methods in Political Science* - Marsh & Stoker

RECOMMENDED READING - UK POLITICS

- Biographies of high profile politicians and their advisors (e.g. Tony Blair, Margaret Thatcher, Alistair Campbell, Crosland Diaries etc.)

RECOMMENDED READING - US POLITICS

- Biographies of high profile politicians (e.g. Obama, Hillary Clinton, George W Bush, Bill Clinton, Al Gore, Ruth Bader Ginsberg etc.)
- Biographies of members of Congress and Supreme Court Justices

RECOMMENDED VIEWING - US POLITICS

- *On the Basis of Sex*

RECOMMENDED WEBSITES - GENERAL POLITICS

- Classical Political Thought (www.academia.edu/9973916/classical_political_thought)
- The Economist (www.economist.com)
- The Guardian (www.theguardian.com)
- The Independent (www.independent.co.uk)
- The New Statesman (www.newstatesman.com)
- The Washington Post (www.washingtonpost.com)
- Vox (www.vox.com)

RECOMMENDED WEBSITES - LAW

- The Guardian's Law Section (www.theguardian.com/law)
- The Law Society (www.lawsociety.org.uk)
- The Lawyer Portal (www.thelawyerportal.com)
- The Times' Law Section (www.thetimes.co.uk/topics/law)

TOP TIPS

- Ancient History or Classics courses will cover a beginners course to an ancient language (e.g. Ancient Greek, hieroglyphics or Latin) which will help in Ancient History
- Listen to the Guardian's weekly podcast

MATHS

RECOMMENDED READING

- 17 Equations that Changed the World - Ian Stewart
- Alex's Adventure in Numberland - Alex Bellos
- Beyond Infinity - Eugenia Cheng
- Fermat's Last Theorem - Simon Singh
- How I Wish I Had Taught Maths - Craig Barton
- How Not to be Wrong: The Hidden Maths of Everyday Life - Jordan Ellenberg
- How to Solve It - George Polya
- Humble Pi - Matt Parker
- Professor Stewart's Incredible Numbers - Professor Ian Stewart
- Redirect: Changing the Stories We Live By - Timothy Wilson
- The Beauty of Numbers in Nature - Professor Ian Stewart
- The Calculus Story - David Acheson
- The Code Book - Simon Singh
- The History of Mathematics A Reader - John Fauvel
- The Joy of X - Steven Strogatz
- The Man Who Mistook His Wife For a Hat - Oliver Sacks
- The Music of the Primes - Marcus du Sautoy
- The Simpsons and their Mathematical Secrets - Simon Singh
- Things to Make and Do in the Fourth Dimension - Matt Parker
- Why Do Buses Come in Threes? - Rob Eastaway

RECOMMENDED WEBSITES

- New Scientist (www.newscientist.com)
- Phys (www.phys.org/science-news/mathematics)
- PinPoint Learning (www.pinpointlearning.co.uk)
- PiXL (www.pixl.org.uk)
- SAM Learning (www.samlearning.com)
- Wolfram | Alpha (www.wolframalpha.com)

MODERN FOREIGN LANGUAGES

RECOMMENDED LISTENING - FRENCH

- Audio Lingua (www.audio-lingua.eu/?lang=en)
- French Listening Practice (www.lawlessfrench.com/listening/)
- Lyrics Training (www.lyricstraining.com/fr)

RECOMMENDED READING - FRENCH

- Any of Molière's plays
- *Candide* - Voltaire
- *Le Malade Imaginaire* - Molière
- *Le Petit Prince* - St. Exupéry
- *Les Fleurs du Mal* - Baudelaire
- *Les Mains Sales* - Sartre
- *Madame Bovary* - Flaubert
- *Un Sac de Billes* - Joffo

RECOMMENDED READING - GERMAN

- *Andorra* - Max Frisch
- *Der Besuch der alten Dame* - Dürrenmatt
- *Die Kurzgeschichte* - Kleist
- *Die Physiker* - Dürrenmatt
- *Die Verwandlung* - Kafka
- *German Stories / Deutsche Erzählungen: A Bilingual Anthology* - Harry Steinbauer

RECOMMENDED READING - SPANISH

- *Bodas de Sangre* - Lorca
- *La Casa de Bernarda Alba* - Lorca
- *Nada* - Carmen Laforet

RECOMMENDED VIEWING - FRENCH

- Advanced French (www.newsinslowfrench.com/advanced-french)
- *Amélie*
- *Au revoir les enfants*
- *Entre les murs*
- *Intouchables*
- *La haine*
- *Le Petit Prince*
- *Le Vie en rose*
- *Les Choristes*
- TV5Monde (www.apprendretv5monde.com/fr)

RECOMMENDED VIEWING - GERMAN

- Almanyá - Willkommen in Deutschland
- Das Leben der Anderen
- Die Fetten Jahre Sind Vorbei
- Die Welle
- Goodbye Lenin!
- Lola Rennt

RECOMMENDED VIEWING - SPANISH

- Films by Pedro Almodóvar / Luis Buñuel / Carlos Saura
- *Matador*

RECOMMENDED WEBSITES - FRENCH

- 1 Jour 1 Actu (www.1jour1actu.com)
- 20 Minutes (www.20minutes.fr)
- Mon Quotidien (<https://monquotidien.playbacpresse.fr/>)
- Vikidia (<https://fr.wikida.org/wiki/Vikidia:Accueil>)

RECOMMENDED WEBSITES - GERMAN

- COERLL (www.coerll.utexas.edu/gg)
- Deutsche Welle (www.dw.de)
- Deutschland - Your Link to Germany (www.deutschland.de)
- Facts About Germany (www.tatsachen-uber-deutschland.de/en)
- German.net (www.german.net)
- Tagesschau (www.tagesschau.de)

RECOMMENDED WEBSITES - SPANISH

- El País (www.elpais.com)
- HOLA (www.hola.com)
- SpanishDict - English to Spanish Translation (www.spanishdict.com)

TOP TIPS

- An understanding of key events and figures from 1600 - present day in the language you will study at university will be very helpful

PERFORMANCE

RECOMMENDED READING

- Acting Through Song - Paul Harvard
- An Actor Prepares - Konstantin Stanislavski
- Anthropology of the Performing Arts - Anya Peterson Royce
- Brecht on Theatre - Bertolt Brecht
- History of the Theatre: A History - John Kenrick
- Singing and the Actor - Gillyanne Kayes
- So You Want to be in Musicals? - Ruthie Henshall
- The Empty Space - Peter Brook
- The Theatre and Its Double - Antonin Artaud

RECOMMENDED WEBSITES

- Broadway: The American Musical (www.pbs.org/wnet/broadway)
- Learn Music Theory with Willie Myette (www.musictheoryonline.com)
- National Youth Theatre (www.nyt.org.uk)
- One Dance UK (www.onedanceuk.org)
- Spotlight: The Home of Casting (www.spotlight.com)
- The Stage (www.thestage.co.uk)

RECOMMENDED VIEWING

- Abstract: The Art of Design - Season 1, Episode 3 (Es Devlin: Stage Design)
- Vanity Fair on YouTube (Particularly Career Timeline, Movies in Motion, Notes on a Scene and Reverse Film School)

TOP TIPS

- Constantly ask for feedback and respond to it
- It's a very competitive industry - if you really want to succeed then show people you really want it
- Listen to a wide variety of music genres
- Make yourself known - social media can be a great platform for showcasing your talents
- Network!
- Never give up, despite any knockbacks
- Read texts on theatre practitioners including Stanislavski, Brecht and Berkoff
- Take part in lots of shows and be involved with all aspects of putting on a performance
- Watch as much theatre work as possible from as many different genres and styles - both amateur and professional

PSYCHOLOGY / HEALTH AND SOCIAL CARE

RECOMMENDED READING

- *Bad Science* - Ben Goldacre
- *Opening Skinner's Box* - Lauren Slater
- *The Human Mind and How to Make the Most of It* - Robert Winston
- *The Private Life of the Brain* - Susan Greenfield

RECOMMENDED WEBSITES

- AQA Psychology for A Level
- (www.illuminate.digital/aqapsych1) & (www.illuminate.digital/aqapsych2)
- MOOC (www.mooc.org)
- New Scientist (www.newscientist.com/subject/mind)
- Psychology Today UK (www.psychologytoday.com/gb)
- Seneca (www.senecalearning.com)
- Tutor2u: The Exam Performance Specialists (www.tutor2u.net)

SCIENCE

RECOMMENDED READING

- AQA Biology: A Level Student Book - Glenn Toole & Susan Toole
- Biological Sciences Review Magazine
- Campbell Biology - Lisa A. Urry, Michael L. Cain, Steven A. Wasserman, Peter V. Minorsky & Jane B. Reece
- Chemistry for the Biosciences: The Essential Concepts - Jonathan Crowe
- From Crime Scene to Court: The Essentials of Forensic Science - Peter C. White
- How to Design and Report Experiments - Andy Field & Dr. Graham J. Hold
- Organic Chemistry - Jonathan Clayden, Nick Greaves & Stuart Warren
- Physical Chemistry - Peter Atkins
- Principles of Anatomy and Physiology - Gerald Tortora
- This is Going to Hurt: Secret Diaries of a Junior Doctor - Adam Kay
- Your Life in my Hands: A Junior Doctor's Story - Rachel Clarke
- Zero Degrees of Empathy and the Essential Difference - Simon Baron-Cohen

RECOMMENDED WEBSITES

- A-Level Chemistry (www.a-levelchemistry.co.uk)
- British Medical Journal (www.bmj.com)
- Chemguide (www.chemguide.co.uk)
- Greenpeace UK (www.greenpeace.org.uk)
- Medical Schools Council (www.medschools.ac.uk)
- New Scientist (www.newscientist.com)
- Scientific Root Words, Prefixes & Suffixes (www.biologyjunction.com/wp-content/uploads/2019/02/Scientificrootwords-prefixes-and-suffixes.pdf)
- US National Library of Medicine National Institutes of Health (www.ncbi.nlm.nih.gov/pubmed)

TOP TIPS

- Knowing the root words will help in your understanding of unfamiliar language used in Biology
- Remind yourself of subjects you have covered recently by watching Khan Academy on YouTube, which has useful videos and drawings to help you visualise topics
- Watch true life crime documentaries for information on Forensic Science

SPORT

RECOMMENDED READING

- Becoming a Physical Education Teacher - Gary Stidder
- Exercise Physiology - William D. Mccardle, Frank L. Katch & Victor L. Katch
- Learning to Teach Physical Education in a Secondary School - Susan Capel
- Teaching Games for Understanding - Joy Butler & Linda L. Griffin
- Teaching Physical Education - Muska Mosston & Sara Ashworth

RECOMMENDED WEBSITES

- Basketball England (www.basketballengland.co.uk)
- England Netball (www.englandnetball.co.uk)
- England Rugby (www.englandrugby.com)
- Independent Coach Education (www.independentcoacheducation.co.uk/courses)
- Teach PE (www.teachpe.com/gcse/royal_navy_action_pack.php)
- The FA (www.thefa.com)
- Volleyball England (www.volleyballengland.org)

TOP TIPS

- Be aware of Training and Fitness, Anatomy and Physiology, Sports Coaching, Sports Psychology, Sociology and Nutrition
- Gain experience in a wide range of sports
- Look into gaining Level 1 and 2 coaching courses through the National Governing Bodies websites, universities and Independent Coach Education website